

GOVERNMENT OF INDIA MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP DIRECTORATE GENERAL OF TRAINING

COMPETENCY BASED CURRICULUM

FOOD & BEVERAGES SERVICE ASSISTANT

(Duration: One Year)

CRAFTSMEN TRAINING SCHEME (CTS)

NSQF LEVEL- 3.5



SECTOR – TOURISM & HOSPITALITY



FOOD & BEVERAGES SERVICE ASSISTANT

(Non-Engineering Trade)

(Revised in March 2023)

Version: 2.0

CRAFTSMEN TRAINING SCHEME (CTS)

NSQF LEVEL – 3.5

Developed By

Ministry of Skill Development and Entrepreneurship

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During the one-year duration of "Food & Beverages Service Assistant" trade, a candidate is trained on Professional Skill, Professional Knowledge and Employability Skill related to job role. In addition to this, a candidate is entrusted to undertake project work, extracurricular activities and on-the-job training to build up confidence. The broad components covered under Professional Skill subject are as below:-

At beginning, the trainee learns about elementary first-aid, firefighting, environment regulation and housekeeping, etc. The trainee identifies trade tools, kitchen equipment and kitchen operation process. He understands the importance of personal hygiene, cleanliness of kitchen/ cooking utensils, food handling and hygiene protective clothing. He practices safe handling of cutlery/crockery/ glassware. The trainee can Carry and balance food/ beverages/equipments on a tray. Adopt methods and techniques of different styles of service – American/ French/ English/ India. Carry out room service operations. The trainee can Arrange & set up tray for room service for American/ English/ Continental/ Indian breakfast and breakfast layout in coffee. He can Arrange & set up cover for a la carte and table d'hote menu. He learns to receive the guest, seating at the table and serving water, present the menu, take order, raise KOT, BOT, food pick up service and service of food. The trainee learns to Serve non-alcoholic Beverages like Tea, Coffee, Aerated Drinks, Milk shakes, Juices, Tisanes etc. Serve Alcoholic Beverages like Red wine, White wine, Sparkling wines etc Serve fermented beverages, Beer etc Serve Spirits like Vodka/ Rum/ Whisky/ Brandy/ Tequila etc Prepare, serve and dispense mocktails, whisky based cocktails, Gin based Cocktails, Vodka based cocktails & Rum based cocktails. Serve Cigars, cigarettes and change the ash tray. Serve cheese etc Serve salads, Ice creams and Soups. Design the layout of restaurant. Separate the activities and maintain log books, records, Proformas.

2.1 GENERAL

The Directorate General of Training (DGT) under Ministry of Skill Development & Entrepreneurship offers a range of vocational training courses catering to the need of different sectors of economy/ Labour market. The vocational training programmes are delivered under the aegis of Directorate General of Training (DGT). Craftsman Training Scheme (CTS) with variants and Apprenticeship Training Scheme (ATS) are two pioneer schemes of DGT for strengthening vocational training.

'Food & Beverages Service Assistant' trade under CTS is one of the popular courses delivered nationwide through a network of ITIs. The course is of one-year duration. It mainly consists of Domain area and Core area. The Domain area (Trade Theory & Practical) imparts professional skills and knowledge, while the core area (Employability Skill) imparts requisite core skills, knowledge, and life skills. After passing out the training program, the trainee is awarded National Trade Certificate (NTC) by DGT which is recognized worldwide.

Candidates broadly need to demonstrate that they are able to:

- Read and interpret documents, plan and organize work processes, identify necessary materials and tools;
- Perform tasks with due consideration to safety rules, accident prevention regulations and environmental protection stipulations;
- Apply professional skill, knowledge & employability skills while performing jobs.
- Document the parameters related to the task undertaken.

2.2 PROGRESSION PATHWAYS

- Can join industry as Craftsman and will progress further as Senior Craftsman, Supervisor and can rise up to the level of Manager.
- Can become Entrepreneur in the related field.
- Can join Apprenticeship programs in different types of industries leading to a National Apprenticeship certificate (NAC).
- Can join Crafts Instructor Training Scheme (CITS) in the trade for becoming an instructor in ITIs.
- Can join Advanced Diploma (Vocational) courses under DGT as applicable.



2.3 COURSE STRUCTURE

Table below depicts the distribution of training hours across various course elements during a period of one year: -

S No.	Course Element	Notional Training Hours
1.	Professional Skill (Trade Practical)	840
2.	Professional Knowledge (Trade Theory)	240
3.	Employability Skills	120
	Total	1200

Every year 150 hours of mandatory OJT (On the Job Training) at nearby industry, wherever not available then group project is mandatory.

On the Job Training (OJT)/ Group Project	150
Optional Courses (10th/ 12th class certificate along with ITI	240
certification or add on short term courses)	

Trainees of one-year or two-year trade can also opt for optional courses of up to 240 hours in each year for 10th/ 12th class certificate along with ITI certification, or, add on short term courses.

2.4 ASSESSMENT & CERTIFICATION

The trainee will be tested for his skill, knowledge and attitude during the period of course through formative assessment and at the end of the training programme through summative assessment as notified by the DGT from time to time.

a) The **Continuous Assessment** (Internal) during the period of training will be done by **Formative Assessment Method** by testing for assessment criteria listed against learning outcomes. The training institute has to maintain an individual trainee portfolio as detailed in assessment guideline. The marks of internal assessment will be as per the formative assessment template provided on <u>www.bharatskills.gov.in</u>

b) The final assessment will be in the form of summative assessment. The All India Trade Test for awarding NTC will be conducted by Controller of examinations, DGT as per the guidelines. The pattern and marking structure is being notified by DGT from time to time. **The learning outcome and assessment criteria will be the basis for setting question papers for final assessment. The examiner during final examination will also check** the individual



trainee's profile as detailed in assessment guideline before giving marks for practical examination.

2.4.1 PASS REGULATION

For the purposes of determining the overall result, weightage of 100% is applied for six months and one year duration courses and 50% weightage is applied to each examination for two years courses. The minimum pass percent for Trade Practical and Formative assessment is 60% & for all other subjects is 33%.

2.4.2 ASSESSMENT GUIDELINE

Appropriate arrangements should be made to ensure that there will be no artificial barriers to assessment. The nature of special needs should be taken into account while undertaking the assessment. Due consideration should be given while assessing for teamwork, avoidance/ reduction of scrap/wastage and disposal of scrap/waste as per procedure, behavioral attitude, sensitivity to the environment and regularity in training. The sensitivity towards OSHE and self-learning attitude are to be considered while assessing competency.

Assessment will be evidence based comprising some of the following:

- Job carried out in labs/workshop
- Record book/ daily diary
- Answer sheet of assessment
- Viva-voce
- Progress chart
- Attendance and punctuality
- Assignment
- Project work
- Computer based multiple choice question examination
- Practical Examination

Evidences and records of internal (Formative) assessments are to be preserved until forthcoming examination for audit and verification by examining body. The following marking pattern to be adopted for formative assessment:

Performance Level	Evidence	
(a) Marks in the range of 60%-75% to be allotted during assessment		

For performance in this grade, the candidate should produce work which demonstrates attainment of an acceptable standard of craftsmanship with occasional guidance, and due regard for safety procedures and practices	 Demonstration of good skills and accuracy in the field of work/assignments. A fairly good level of neatness and consistency to accomplish job activities. Occasional support in completing the task/job.
(b) Marks in the range of 75%-90% to be allotte	d during assessment
For this grade, a candidate should produce work which demonstrates attainment of a reasonable standard of craftsmanship, with little guidance, and regard for safety procedures and practices	 Good skill levels and accuracy in the field of work/ assignments. A good level of neatness and consistency to accomplish job activities. Little support in completing the task/ job.
(c) Marks in the range of more than 90% to be a	allotted during assessment
For performance in this grade, the candidate, with minimal or no support in organization and execution and with due regard for safety procedures and practices, has produced work which demonstrates attainment of a high standard of craftsmanship.	 High skill levels and accuracy in the field of work/ assignments. A high level of neatness and consistency to accomplish job activities. Minimal or no support in completing the task/ job.

Waiter, Institutional/Food and Beverage Service-Steward; Bearer (Institutional) serves food, snacks, beverages to customers, guests in hotels, bars, and restaurants. Prepares table with clean linen, condiments containers, glasses, menu-card and obtains orders from customers. Collects food, beverages, snacks etc., from kitchen according to customers' orders from Pantry Man and serves them. Waits on customers periodically for additional requirements, of food etc. Removes used plates, cups, saucers from table and presents bill to customers and collects cash and hands it to Cashier. Is designated as WAITER (dining room) if employed in serving food in dining rooms and LOUNGE WAITER if engaged for serving beverages and snacks in lounge.

Reference NCO-2015: 5131.0401 - Waiter, Institutional/ Food and Beverage Service-Steward

Reference NOS: -

١.	THC/N0301	V.	THC/N0304	IX.	THC/N0308
II.	THC/N9440	VI.	THC/N0323	Х.	THC/N9442
III.	THC/N9441	VII.	THC/N9901	XI.	THC/N9902
IV.	THC/N0401	VIII.	THC/N0302	XII.	THC/N9443

NOS covered THC/N0301, THC/N9901, THC/N0302, THC/N0308, THC/N9442, THC/N9902, THC/N9902, THC/N9443 NSQF Level Level-3.5 Duration of Craftsmen Training One Year (1200 Hours + 150 Hours OJT/ Group project) Entry Qualification Passed 10 th class examination or its equivalent Minimum Age 14 years as on first day of academic session Eligibility for PwD LD, CP, LC, DW, AA, LV, HH, DEAF, AUTISM, SLD, ID Unit Strength (No. of Student) 20 (There is no separate provision of supernumerary seats) Space Norms 48 Sq. m Power Norms 8 KW Instructors Qualification for: B.Voc/Degree in Hotel Management/ Catering Technology from UGC recognized university/ institution with one year experience in the relevant field. OR Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from the relevant field. OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field. OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field.	Name of the Trade	FOOD & BEVERAGES SERVICE ASSISTANT		
NOS covered THC/N9440, THC/N9441, THC/N0401, THC/N0304, THC/N0323, THC/N0301, THC/N0302, THC/N0308, THC/N9442, THC/N9902, THC/N9902, THC/N9902, THC/N0308, THC/N9442, THC/N9902, THC/N9902, THC/N9902, THC/N0308, THC/N9442, THC/N9902, THC/N9902, THC/N902, THC/N0308, THC/N9442, THC/N9902, THC/N9902, THC/N0308, THC/N9442, THC/N9902, THC/N9902, THC/N0308, THC/N9442, THC/N9902, THC/N9902, THC/N0308, THC/N9442, THC/N9902, THC/N9403 NSQF Level Level-3.5 Duration of Craftsmen One Year (1200 Hours + 150 Hours OJT/ Group project) Entry Qualification Passed 10 th class examination or its equivalent Minimum Age 14 years as on first day of academic session Eligibility for PwD LD, CP, LC, DW, AA, LV, HH, DEAF, AUTISM, SLD, ID Unit Strength (No. of Student) 20 (There is no separate provision of supernumerary seats) Space Norms 48 Sq. m Power Norms 8 KW Instructors Qualification for: B.Voc/Degree in Hotel Management/ Catering Technology from UGC recognised university/ institution with one year experience in the relevant field. OR Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from UGC recognized board or relevant Advanced Diploma (Vocational) from DGT with two years experience in the relevant field. OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field.	Trade Code	DGT/1056		
NOS coveredTHC/N0301, THC/N9901, THC/N0302, THC/N0308, THC/N9442, THC/N9902, THC/N9443NSQF LevelLevel-3.5Duration of Craftsmen TrainingOne Year (1200 Hours + 150 Hours OJT/ Group project)Entry QualificationPassed 10 th class examination or its equivalentMinimum Age14 years as on first day of academic sessionEligibility for PwDLD, CP, LC, DW, AA, LV, HH, DEAF, AUTISM, SLD, IDUnit Strength (No. of Student)20 (There is no separate provision of supernumerary seats)Space Norms48 Sq. mPower Norms8 KWInstructors Qualification for:B.Voc/Degree in Hotel Management/ Catering Technology from UGC recognised university/ institution with one year experience in the relevant field.OR Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from DGT with two years experience in the relevant field.OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field.OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field.	NCO - 2015	5131.0401		
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TrainingOne Year (1200 Hours + 150 Hours OJT/ Group project)Entry QualificationPassed 10 th class examination or its equivalentMinimum Age14 years as on first day of academic sessionEligibility for PwDLD, CP, LC, DW, AA, LV, HH, DEAF, AUTISM, SLD, IDUnit Strength (No. of Student)20 (There is no separate provision of supernumerary seats)Space Norms48 Sq. mPower Norms8 KWInstructors Qualification for:B.Voc/Degree in Hotel Management/ Catering Technology from UGC recognised university/ institution with one year experience in the relevant field.OR Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from DGT with two years experience in the relevant field.NTC/ NAC passed in the trade of "Food & Beverages Service 	NSQF Level	Level-3.5		
Minimum Age14 years as on first day of academic sessionEligibility for PwDLD, CP, LC, DW, AA, LV, HH, DEAF, AUTISM, SLD, IDUnit Strength (No. of Student)20 (There is no separate provision of supernumerary seats)Space Norms48 Sq. mPower Norms8 KWInstructors Qualification for:B.Voc/Degree in Hotel Management/ Catering Technology from UGC recognised university/ institution with one year experience in the relevant field.OR Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from DGT with two years experience in the relevant field.OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field.OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field.		One Year (1200 Hours + 150 Hours OJT/ Group project)		
Eligibility for PwD LD, CP, LC, DW, AA, LV, HH, DEAF, AUTISM, SLD, ID Unit Strength (No. of Student) 20 (There is no separate provision of supernumerary seats) Space Norms 48 Sq. m Power Norms 8 KW Instructors Qualification for: 8.Voc/Degree in Hotel Management/ Catering Technology from UGC recognised university/ institution with one year experience in the relevant field. OR Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from DGT with two years experience in the relevant field. OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field.	Entry Qualification	Passed 10 th class examination or its equivalent		
Unit Strength (No. of Student) 20 (There is no separate provision of supernumerary seats) Space Norms 48 Sq. m Power Norms 8 KW Instructors Qualification for:	Minimum Age	14 years as on first day of academic session		
Student) 20 (There is no separate provision of supernumerary seats) Space Norms 48 Sq. m Power Norms 8 KW Instructors Qualification for:	Eligibility for PwD	LD, CP, LC, DW, AA, LV, HH, DEAF, AUTISM, SLD, ID		
Power Norms 8 KW Instructors Qualification for: (i) Food & Beverages Service Assistant Trade Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from UGC recognized board or relevant Advanced Diploma (Vocational) from DGT with two years experience in the relevant field. OR Diploma (Momentational) from DGT with two years experience in the relevant field. OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field. 	• •	20 (There is no separate provision of supernumerary seats)		
Instructors Qualification for: (i) Food & Beverages Service Assistant Trade B.Voc/Degree in Hotel Management/ Catering Technology from UGC recognised university/ institution with one year experience in the relevant field. OR Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from recognized board or relevant Advanced Diploma (Vocational) from DGT with two years experience in the relevant field. OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field. Essential Qualification:	Space Norms	48 Sq. m		
(i) Food & Beverages Service Assistant Trade B.Voc/Degree in Hotel Management/ Catering Technology from UGC recognised university/ institution with one year experience in the relevant field. Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from recognized board or relevant Advanced Diploma (Vocational) from DGT with two years experience in the relevant field. OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field. <u>Essential Qualification</u> :	Power Norms	8 KW		
Service Assistant Trade recognised university/ institution with one year experience in the relevant field. OR Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from recognized board or relevant Advanced Diploma (Vocational) from DGT with two years experience in the relevant field. OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field. Essential Qualification:	Instructors Qualification for	ior:		
Relevant Regular / RPL variants of National Craft Instructor Certificate (NCIC) under DGT. <u>Note:</u>	Service Assistant	OR Diploma (Minimum 2 Years) in Hotel Management/ Catering Technology from recognized board or relevant Advanced Diploma (Vocational) from DGT with two years experience in the relevant field. OR NTC/ NAC passed in the trade of "Food & Beverages Service Assistant" with three years experience in the relevant field. Essential Qualification: Relevant Regular / RPL variants of National Craft Instructor Certificate (NCIC) under DGT.		



	Diploma in the relevant field. <i>However both of them must possess</i> <i>NCIC in any of its variants.</i>	
(ii) Employability Skill	 MBA/ BBA / Any Graduate/ Diploma in any discipline with Two year experience with short term ToT Course in Employability Skills. (Must have studied English/ Communication Skills and Bas Computer at 12th / Diploma level and above) OR Existing Social Studies Instructors in ITIs with short term ToT Course 	
	in Employability Skills.	
(iii) Minimum Age for21 YearsInstructor		
List of Tools and Equipment	As per Annexure – I	

Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.

5.1 LEARNING OUTCOMES

- 1. Handle cutlery/crockery/ glassware, hygienically and observe do's & don't while waiting at the table. Following safety precautions. (NOS: THC/N0301)
- 2. Handle Flatware and Hollowware hygienically and correctly use of Linen-waiter's cloth/runner/table cloth/napkin. (NOS: THC/N0301)
- 3. Carry and balance equipment's / food/ beverages on a tray. (NOS: THC/N0301)
- 4. Adopt methods and techniques of different styles of service American/ French/ English/ India. (NOS: THC/N0301)
- 5. Carry out room service operations. (NOS: THC/N9440)
- 6. Arrange & set up tray for room service for American/ English/ Continental/ Indian breakfast and breakfast layout in coffee. (NOS: THC/N9441)
- 7. Arrange & set up cover for a la carte and table d'hote menu. (NOS: THC/N0301)
- Plan a five course menu and set up the table according to the menu. (NOS: THC/N0301)
- 9. Plan & set up different themes of Banquets. (NOS: THC/N0401, THC/N0304, THC/N0323)
- 10. Receive the guest, seating at the table and serving water, present the menu, take order, raise KOT, BOT, food pick up service and service of food. (NOS: THC/N0301)
- 11. Check & accept the payments and practice situation handling. (NOS: THC/N9901)
- 12. Apply methods of cooking. (NOS: THC/N0406, THC/N0415)
- 13. Serve non-alcoholic Beverage like tea, coffee Aerated Drinks, Milk shakes, Juices, Tisanes etc. (NOS: THC/N0302, THC/N0308)
- 14. Serve Alcoholic Beverage like Red wine, White wine, Sparkling wines etc. (NOS: THC/N0302, THC/N0308)
- 15. Serve Beer/ fermented beverages. (NOS: THC/N0302, THC/N0308)
- 16. Serve Spirits like Vodka/ Rum/ Whisky/ Brandy/ Tequila etc. (NOS: THC/N0302, THC/N0308)
- 17. Prepare, serve and dispense mocktails, whisky based cocktails, Gin based Cocktails, Vodka based cocktails & Rum based cocktails. (NOS: THC/N0302, THC/N0308)
- 18. Serve Cigars, cigarettes and change the ash mag. Serve cheese etc. (NOS: THC/N9442)
- 19. Serve salads, Ice creams and Soups. (NOS: THC/N0301)
- 20. Design the layout of restaurant. (NOS: THC/N0301)
- 21. Perform group activity: Blind Guest, Invalid Guest, Drunk Guest, Without money, Spillage. (NOS: THC/N0302, THC/N9902)
- 22. Separate the activities and maintain log books, records, Proformas. (NOS: THC/N9443)



6. ASSESSMENT CRITERIA

	LEARNING OUTCOMES	ASSESSMENT CRITERIA		
1.	Handle cutlery/crockery/	Identifications of service equipments.		
	glassware, hygienically and	Setting up of tables - handling of service equipments.		
	observe do's & don't while	Care and upkeep of service equipments.		
	waiting at the table. Following	Video /Power Point Presentation on grooming, personal		
	safety precautions.	hygiene, dos & don'ts by an F & B Assistant.		
	(NOS: THC/N0301)	Rules to be observed while waiting at the table.		
		Hygienic handling of Cutlery/ Crockery/Glassware.		
		Demonstration and practice of laying a Table.		
2.	Handle Flatware and	Hygienic handling of Flatware and Hollowware.		
۷.	Hollowware hygienically and	Introduction to Linen.		
	correctly use of Linen-waiter's	Correct use of Linen - waiter's cloth/Runner/ Table cloth/		
	cloth/runner/table	Napkin etc.		
	cloth/napkin.	Laying and relaying table cloth.		
	(NOS: THC/N0301)	Napkin folding. (min. 5 types)		
		Laying of a cover.		
3.	Carry and balance equipments/	Correct handling and practices of using service spoon and		
	food/ beverages on a tray.	service fork.		
	(NOS: THC/N0301)	Tray carrying and balancing of equipments / food /		
		beverages on a tray.		
		Balancing service tray.		
		Methods and Techniques of different styles of service -		
		American/ French/English/ In situ.		
		Setting up of side station.		
		Setting of room service tray & trolley for tea / coffee / pre		
		plated food / 3 course meal.		
		Practicing room service operations in the training		
		restaurant.		
4.	Adopt methods and techniques	Methods and Techniques of different styles of service -		
4.	of different styles of service –	American/ French/English/ In situ.		
	American/ French/ English/			
	India.			
	(NOS: THC/N0301)			
5.	Carry out room service	Set up of side station.		
	operations. (NOS: THC/N9440)	Set room service tray & trolley for tea / coffee / pre plated food / 3 course meal.		
		Practice room service operations in the training		
		restaurant.		



6.	Arrange & set up tray for room	Set up tray for room service for English.		
	service for American/ English/	Set up tray for room service for Continental.		
	Continental/ Indian breakfast	Set up tray for room service for Indian Breakfast.		
	and breakfast layout in coffee.	Set up tray for breakfast layout for coffee shop.		
	(NOS: THC/N9441)	Set up tray for room service for English.		
7.	Arrange & set up cover for a la	Set up cover for a la carte and table d' hote menu.		
	carte and table d'hote menu	Demonstrate Methods and Techniques of different styles		
	(NOS: THC/N0301)	of service – In situ.		
	(Demonstrate on Methods and Techniques of different		
		styles of service – American.		
8.	Plan a five course menu and set	Plan a five course menu and setting up of the table		
0.	up the table according to the	according to the menu.		
	menu.			
	(NOS:THC/N0301)			
9.	Plan & set up different themes	Set Theme for Banquets.		
5.	of Banquets.	Demonstrate through slides / video etc. for different		
	(NOS: THC/N0401, THC/N0304,	themes.		
	THC/N0323)	themes.		
	1110/100323)			
10	Possive the guest costing at	Demonstrate receiving of guest, seating at the table and		
10.	Receive the guest, seating at the table and serving water, present the menu, take order,			
		serving water. Present the menu and take order.		
	raise KOT, BOT, food pick up			
	service and service of food.	Raise KOT, BOT and food pick up service and service of		
	(NOS: THC/N0301)	food.		
	1103. THC/110301)			
11	Chack & account the nauments	Procent the check and according the naumonts		
11.	Check & accept the payments	Present the check and accepting the payments.		
	and practice situation handling.	Demonstrate and practices on Situation handling.		
	(NOS: THC/N9901)			
10	Apply mothods of cooking	Domonstrate on methods of socialize through Dower Deist		
12.	Apply methods of cooking. (NOS: THC/N0406,	Demonstrate on methods of cooking through Power Point / Video.		
	THC/N0415)	Demonstrate on methods of cooking through Video.		
10	Come non also halls Darass	Dranava and Damanaturta Camilar of Neurobalistic		
13.	Serve non-alcoholic Beverage	Prepare and Demonstrate Service of Nonalcoholic		
	like tea, coffee etc.	Beverages.		
	(NOS: THC/N0302, THC/N0308)	Prepare and Demonstrate Service of tea.		
		Prepare and Demonstrate Service of coffee.		
		Prepare report on tea and coffee.		
14.	Serve Alcoholic Beverage like	Prepare and Demonstrate Service of red wines.		
	Red wine, White wine,	Prepare and Demonstrate Service of white wines.		
	Sparkling wines etc.	Prepare and Demonstrate Service of sparkling wines.		

(NOS: THC/N0302, THC/N0308)	
15. Serve Beer/ fermented beverages. (NOS: THC/N0302, THC/N0308)	Prepare and Demonstrate Service of Beer.
16. Serve Spirits like Vodka/ Rum/ Whisky/ Brandy/ Tequila etc. (NOS: THC/N0302, THC/N0308)	Prepare and Demonstrate Service of Spirit.
 17. Prepare, serve and dispense mocktails, whisky based cocktails, Gin based Cocktails, Vodka based cocktails & Rum based cocktails. (NOS: THC/N0302, THC/N0308) 	Demonstrate Preparation service and dispensing of mocktail.
18 Sonya Cigars, sigarattas, and	Bronaro and Domonstrato Sonvice of Cigars & sigarottes
18. Serve Cigars, cigarettes and change the ash mag. Serve	Prepare and Demonstrate Service of Cigars & cigarettes. Demonstrate Changing of the ash tray.
cheese etc. (NOS: THC/N9442)	Demonstrate Service of cheese.
19. Serve salads, Ice creams and	Prepare and Demonstrate Service of Salad.
Soups.	Prepare and Demonstrate Service of Ice cream.
(NOS: THC/N0301)	Prepare and Demonstrate Service of Soup.
20. Design the layout of restaurant. (NOS: THC/N0301)	Draw layout of restaurant.
21. Perform group activity: Blind Guest, Invalid Guest, Drunk Guest, Without money, Spillage (NOS: THC/N0302,THC/N9902)	Demonstrate situation handling group activity.
22. Separate the activities and maintain log books, records, Proformas. (NOS: THC/N9443)	Prepare the report of visit to nearby hotels and interact with the purchasing department and the local vendors / suppliers.(Supervisor should supervise the activities and provide all the necessary inputs) Prepare and maintain Log Books. Prepare and maintain Proformas. Prepare and maintain KOT control. Maintain record keeping of a restaurant. Demonstrate Activity of payment.

SYLLABUS FOR FOOD & BEVERAGES SERVICE ASSISTANT TRADE				
		DURATION: ONE YEAR		
Duration	Reference Learning Outcome	Professional Skills (Trade Practical)	Professional Knowledge (Trade Theory)	
Professional Skill 30 Hrs. Professional Knowledge 08 Hrs.	Handle cutlery/crockery/ glassware hygienically and observe do's & don't while waiting at the table. Following safety precautions.	 Introduction to F & B Service. Identifications of service equipments. Setting up of tables - handling of service equipments. Care and upkeep of service equipments. Video /Power Point Presentation on grooming, personal hygiene, dos & don'ts by an F & B Assistant. Rules to be observed while waiting at the table. Hygienic handling of Cutlery/Crockery/Glasswar e. Demonstration and practice of laying a Table. 	Introduction to Catering industry / hotel industry An orientation programme on the course and related job opportunities by the industry expert and instructor. Different types of catering establishments. Nonprofit & profit making organizational hierarchy of a star hotel and F & B department in different categories of hotels. Attributes of F & B services personals Duties and responsibilities of F & B service personnel. Inter-departmental coordination. Coordination with front office, Housekeeping, F & B (Kitchen) and other ancillary departments in a Hotel. Grooming, hygiene and etiquettes.	
Professional Skill 30 Hrs. Professional Knowledge 08 Hrs.	Handle Flatware and Hollowware hygienically and correctly use Linen- waiter's cloth/runner/table cloth/napkin.	 9. Hygienic handling of Flatware and Hollowware. 10. Introduction to Linen. 11. Correct use of Linen - waiter's cloth/Runner/ Tablecloth/Napkin etc. 12. Laying and relaying table cloth. 13. Napkin folding (min. 5 types). 14. Laying of a cover. 	Points to be observed while laying a table. Rules while waiting at the table. Service equipment - Categorization of service equipment and their upkeep and maintenance such as: - Glassware Cutlery Crockery	



Professional Arrange & set up 24. Setting up tray for room Types of breakfast	Skill 72 Hrs.food/Professionalbeverages/equipmeKnowledgents on a tray.20 Hrs.Adopt methods andtechniques ofdifferent styles ofservice – American/17.French/ English/18.India.Carry out roomservice operations.19.20.21.20.21.	Correct handling and practices of using service spoon and service fork. Tray carrying and balancing of equipments / food / beverages on a tray. Balancing service tray. Methods and Techniques of different styles of service - American/ French/English/ In situ. Setting up of side station. Mise - en – scene. Mise - en – place. Setting of room service tray & trolley for tea / coffee / pre-plated food / 3 course meal. Practicing room service operations in the training restaurant.	 Silver / White metal ware Kitchen stewarding Role of Kitchen stewarding and duties & responsibilities of kitchen stewarding Different types of dish washing methods. Linen; Types, Sizes, Use & Linen Exchange procedure Care & maintenance of Linen. Pantry & Still Room Courses of French Classical Menu and service equipment required for the same. Mise - en - scene, mise - en place, Different types of services French services, English service & American service Guerid on service Fast food service Service of breakfast, brunch, lunch, hi-tea & dinner Room Service Hierarchy, setting of room service, Room service For different meals. Total No. of shifts, Work flow of room service Room service order taking Captain allocation Setup of tray & trolley as per order Food pickup Inspection Service of different meals Billing Clearance
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Skill 30 Hrs.	tray for room	service for English /	English
Professional	service for	American / continental /	American
Knowledge	American/ English/	Indian breakfast and	Continental
08 Hrs.	Continental/ Indian	breakfast layout in coffee	Indian
	breakfast and	shop.	
	breakfast layout in		
	coffee.		
Professional	Arrange & set up	25. Setting up cover for a la	Menu Planning
Skill 30 Hrs.	cover for a la carte	carte and table d'hote	Menu types
Professional	and table d'hote	menu. 26. Practice on Methods and	Factors to be taken into
Knowledge 08 Hrs.	menu.	Techniques of different	consideration while
001115.		styles of service -	planning the menuCourses and terminology
		American/French/ In situ.	in French classical menu
Professional	Plan a five course	27. Plan a five course menu	Banquets Operations
Skill 50 Hrs.	menu and set up	and setting up of the table	Types of seating
	the table according	according to the menu.	arrangements
Professional	to the menu.	28. Theme setting for	Taking Banquets
Knowledge	Plan & set up	Banquets.	bookings
16 Hrs.	different themes of	29. Demonstration through	Banquets functions
	Banquets.	slides / video etc. for	prospects
		different themes.	 Setting up of Buffet
			 Different types of
			Buffets
Professional	Receive the guest,	30. Receiving the guest,	Receiving the Guest and
Skill 72 Hrs.	seating at the table	seating at the table and	seating at the table
Professional	and serving water, present the menu,	serving water.	KOT, BOT, Briefing, Menu Handling and presenting the
Knowledge	take order, raise	 Presenting the menu and taking order. 	menu to guest, taking order,
20 Hrs.	KOT, BOT, food pick	32. Raising KOT, BOT and	upselling Sequence of service
	up service and	food pick up service and	
	service of food.	service of food.	
		33. Presenting the check and	
	Check & accept the	accepting the payments.	
	payments and	34. Demonstration and	
	practice situation	practices on Situation	
	handling.	handling.	
Drefeeder	A multi mantha a da a C	35. Inventory of Restaurant.	Nothede of socialize
Professional Skill 30 Hrs.	Apply methods of	36. Demonstration on	Methods of cooking Basic Sauces
Professional	cooking.	methods of cooking through Power Point /	Accompaniments
Knowledge		Video.	
08 Hrs.			
Professional	Serve non-alcoholic	37. Services of Non alcoholic	Beverages; Classification -
Skill 50 Hrs.	Beverages like Tea,	Beverages.	i. Nonalcoholic
Professional	Coffee, Aerated	38. Service of tea.	ii. Alcoholic
Knowledge	Drinks, Milk shakes,	39. Service of coffee.	Nonalcoholic



16 Hrs.	Juices, Tisanes etc.	40. (VISIT MARKET - prepare	Refreshing - water aerated
		report on tea and coffee)	waterStimulating - Tea and
			 Stimulating - Tea and Coffee
			 Nourishing - Milk, shakes
			&juices
			Tisanes - health drinks
			Coffee -
			Types of coffee
			preparation
			• Faults in coffee making
			• Storage of coffee
			Tea -Types of tea preparation
			 Faults in tea making
			 Storage of tea
			Tea types
Professional	Serve Alcoholic	41. Service of red wines.	Alcoholic Beverages: -
Skill 72 Hrs.	Beverage like Red	42. Service of white wines.	Fermented beverages
Professional	wine, White wine,	43. Service of sparkling wines.	Wines; Definition &
Knowledge	Sparkling wines etc.		description, viticulture, Wine
20 Hrs.			growing countries
			Special Regions (Name of
			some important wines from
			France, California, Italy, Germany, USA and India)
			Sermany, SSA and malay
			Wines and food combinations
			Manufacturing process of
			wines
			Classification of wine
			Table wines
			Sparkling wines
			Fortified wines (port
			wine)
			Aromatized WinesWine terminology
Professional	Serve Beer	44. Service of Beer.	Alcoholic Beverages:
Skill 74 Hrs.	/fermented		Fermented
Professional	beverages, etc.		beverages Beer
Knowledge			Introduction
20 Hrs.			Manufacturing
			Service of beer
			Storage
			brands
Professional	Serve Spirits like	45. Service of Spirits.	Alcoholic Beverages:



	Vedle / Durs /		Distilled house
Skill 30 Hrs.	Vodka/ Rum/		Distilled beverages
Professional	Whisky/ Brandy/		Spirits
Knowledge	Tequila etc.		 Vodka/Rum/Whisky/Bran
08 Hrs.			dy/ Tequila
			 Manufacturing and their
			services Brands
Professional	Prepare, serve and	46. Preparation, service and	Cocktails & Mocktail:
Skill 50 Hrs.	dispense mocktails,	dispensing of mocktails.	Introduction
Professional	whisky based		Base
Knowledge	cocktails, Gin based		Blend
16 Hrs.	Cocktails, Vodka		Garnishes
	based cocktails &		Whisky based Cocktails
	Rum based		Gin Based Cocktails
	cocktails.		Vodka Based Cocktails Rum
			Based Cocktails
			Mocktail
Drefessional	Comio Cigoro	47 Comico of Cigoro 9	
Professional	Serve Cigars,	47. Service of Cigars &	Tobacco:-
Skill 50 Hrs.	cigarettes and	cigarettes.	Introduction to Cigars:-
Professional	change the ash tray.	48. Changing the ash tray.	Shapes and Sizes of cigar,
Knowledge			Brand names, storages of cigar
16 Hrs.			Cigarettes-
			Brand names, Service of
			Cigarettes
Professional	Serve cheese etc.	49. Service of cheese.	Cheese:
Skill 30 Hrs.			Classification, Selection,
Professional			Manufacturing, Service
Knowledge			
08 Hrs.			
Professional	Serve salads, Ice	50. Service of Salads, Ice	Salads, Ice cream & Soups
Skill 50 Hrs.	creams and Soups.	cream & Soups.	Classification
Professional		cream a soups.	Selection
Knowledge			
16 Hrs.			Preparations
			Service
Professional	Design the layout of	51. Drawing layout of	Restaurant Layout
Skill 30 Hrs.	restaurant.	Restaurant.	Duty Roaster
Professional			
Knowledge			
08 Hrs.			
Professional	Perform group	52. Demonstration of	Preparation, pickup & service
Skill 30 Hrs.	activity: Blind	situation handing & group	time of standard international
Professional	Guest, Invalid	activity by the students.	dishes
Knowledge	Guest, Drunk Guest,		Situation handling
08 Hrs.	Without money,		Blind Guest
	Spillage		Invalid Guest
	-10		 Drunk Guest
			 Drunk Guest Without money



			Spillage	
Professional	Separate the	53. Visit to nearby hotels and	Entrepreneurship: Specific	
Skill 30 Hrs.	activities and	interact with the	reference to F & B service	
Professional	maintain log books,	purchasing department	operations, Costing, Licensing	
Knowledge	records, Proformas.	and the local vendors /	Procurement of License	
08 Hrs.		suppliers and prepare a	License issuing Agency	
		report. (Supervisor should	Types of Bar License	
		supervise the activities	Inventory control -	
		and provide all the	Human resource	
		necessary inputs)	Marketing - 4P's (Product,	
		54. Log Books.	Price, Place &	
		55. Proformas.	Promotion)	
		56. KOT Control.	F & B Control	
		57. Record keeping of a	Food Control and its	
		restaurant.	importance	
		58. Activity on payment.	Mode of accepting payment	
			Records to be maintained	
Project work	Project work/ Industrial visit			
Broad Areas:	Broad Areas:			
a) Prepa	re & present special dif	fferent types of alcoholic beverage	es.	

- b) Prepare & present special dimerent (ppes of dice
- c) Plan, prepare and arrange different types of food menus.



SYLLABUS FOR CORE SKILLS

1. Employability Skills (Common for all CTS trades) (120 Hrs)

Learning outcomes, assessment criteria, syllabus and Tool List of Core Skills subjects which is common for a group of trades, provided separately in <u>www.bharatskills.gov.in/ www.dqt.gov.in</u>

	List of Tools & Equipment		
	Food & Beverages Servic	e Assistant (For batch of 20 Candidat	es)
S No.	Name of the Tools and Equipment	Specification	Quantity
1.	Service Tables	36" x 36" x30"	6 Nos.
2.	Wooden Chairs		20 Nos.
3.	Bar Counter		1 No.
4.	Display Unit		1 No.
5.	Refrigerator	Double Door 350 ltr	1 No.
6.	Bain Marie		1 No.
7.	Side Boards		4 Nos.
8.	Storage cup Boards		2 Nos.
9.	Glass Racks		As Required
10.	Sample preparation Trolley		1 No.
11.	Wash Basin		1 No.
12.	Soap Dispenser		1 No.
13.	Electric Geyser		1 No.
14.	Micro oven		1 No.
15.	Table Cloth	54" x 54"	12 Nos.
16.	Table Napkins	18"x18"	48 Nos.
17.	Moulton		6 nos.
18.	Tea Urn		1 No.
19.	Cooking Range Fair Burner		1 No.
20.	Trainee Lockers		As Required
21.	Desktop computer	CPU: 32/64 Bit i3/i5/i7 or latest processor, Speed: 3 GHz or Higher. RAM:-4 GB DDR-III or Higher, Wi-Fi Enabled. Network Card: Integrated Gigabit Ethernet, with USB Mouse, USB Keyboard and Monitor (Min. 17 Inch. Licensed Operating System and Antivirus compatible with trade related software.	1 No.
22.	Printer		1 No.
23.	Restaurant Demo Software		1 No.
24.	Rolling white Board		1 No.
25.	Table & Chair		20 Nos.



26.	Instructor cup board, Table &		1 each
20.	Chair		
27.	Trays		6 Nos.
28.	Round salvers		6 Nos.
29.	Table Accompaniments		6 each
30.	Water Jug		6 Nos.
31.	Chopping Board.		1 No.
32.	Wine Stand		1 No.
33.	Frills		6 Nos
34.	Wine Opener		2 Nos.
35.	Culling Knife		1 No.
36.	Crockery & Cutlery		As Required
37.	Tea Pot & Coffee Pot (Silver)		As Required
38.	Dish Washer Machine		1No.
39.	Hot Plate Electric		6 Nos.
40.	Plate Warmer	(25 Plate Capacity)	2 Nos.
41.	Salamender-Electric		1 No.
42.	OTG electric		1 No.
43.	Air Conditioner		As Required
44.	Sundry Equipment's		As Required
45.	Over Head Projector Ceiling		1 No.
	Mounted		



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List of Expert Members contributed/ participated for finalizing the course curriculum of Food & Beverages Service Assistant trade.			
S No.	Name & Designation Sh/Mr/Ms	Organization	Remarks
1.	H. V. Samvatsar Director	CSTARI, Kolkata	Chairman
2.	Sanjay Kumar Joint Director of Training	CSTARI, Kolkata	Member
3.	L. K. Mukherjee Deputy Director of Training	CSTARI, Kolkata	Member
4.	Bharat K. Nigam Training Officer	CSTARI, Kolkata	Member/ Coordinator
5.	K.V.S. Narayana Training Officer	CSTARI, Kolkata	Member/ Coordinator
6.	Shiv Biswal Executive Chef	Taj Sats, Air Catering Ltd., Kolkata	Expert
7.	Sowmya Sengupta Training Manager	Hotel Taj Bengal, Kolkata	Expert
8.	Suheli Das HR Executive	Hotel ITC Sonar, Kolkata	Expert
9.	Abdul Wahab Chef De Cuisine	Hyatt Regency, Kolkata	Expert
10.	Nikhil Rajen Merchant Sr Sous Chef	Hotel ITC Sonar, Kolkata	Expert
11.	Shirsendu Karmakar Principal	NIHM Pvt. ITI, Garia, Kolkata	Expert
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13.	Akhilesh Pandey Training Officer	CSTARI, Kolkata	Member
14.	S A Pandav, RDD	Vadodara & Surat, Gujarat	Expert



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16.	Bhavita Vin, Training Co- ordinator	Welcom Hotel, Vadodara	Expert
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18.	Jayesh More, Exe. Housekeeping	Hotel Revival Lords Inn, Vadodara	Expert
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20.	Daron Pawar, Sr. Faculty	Gujarat Institute of Hotel Management, Vadodara	Expert
21.	Ranjeet Rajput, HR	Surya Palace Hotel, Vadodara	Expert
22.	Arun Upadhyay, HR Training	Surya Palace Hotel, Vadodara	Expert
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24.	J.G. Prajapati, Asst. Appr. Advisor	Industrial Training Institute, Tarsali	Expert



ABBREVIATIONS

CTS	Craftsmen Training Scheme
ATS	Apprenticeship Training Scheme
CITS	Craft Instructor Training Scheme
DGT	Directorate General of Training
MSDE	Ministry of Skill Development and Entrepreneurship
NTC	National Trade Certificate
NAC	National Apprenticeship Certificate
NCIC	National Craft Instructor Certificate
LD	Locomotor Disability
СР	Cerebral Palsy
MD	Multiple Disabilities
LV	Low Vision
НН	Hard of Hearing
ID	Intellectual Disabilities
LC	Leprosy Cured
SLD	Specific Learning Disabilities
DW	Dwarfism
MI	Mental Illness
AA	Acid Attack
PwD	Person with disabilities



